



Pharmacy



Helping you to help yourself

The following minor illnesses can be treated safely and effectively using over the counter medicines. Treatments for these conditions are no longer recommended on prescription. Please speak to your pharmacist.

- Aches and pains
- Athlete's foot
- Cold sores
- Colic
- Constipation
- Coughs and colds
- Dandruff
- Diarrhoea
- Mild dry skin
- Ear wax
- Fungal nail infections
- Fungal skin infections - ringworm
- Conditions which require food substitutes or supplementation without clear clinical need
- Hayfever and allergies
- Headache and migraine
- Head lice
- Heartburn and indigestion
- Piles (haemorrhoids)
- Upset stomach
- Skin rashes including nappy rash
- Other skin complaints including acne, sun protection, birthmarks, facial hair, bruising, tattoos, sweating
- Sore throat
- Teething & toothache
- Threadworm
- Travel medicines including travel sickness
- Conditions which require vitamin, health supplements for prevention of deficiency including complimentary medicines.
- Varicose veins
- Vaginal thrush

If your symptoms carry on longer than is normal for a minor illness then make an appointment at your GP Practice.

Take care of yourself and your NHS will take care of you